



WHY CHOOSE MEALS ON WHEELS?

Meals on Wheels of Northeast Tennessee is more than just a meal, it's a lifeline. Every day, we deliver hot, nutritious meals to homebound seniors and adults with disabilities across our region. But just as important, we deliver companionship, safety checks, and the reassurance that someone cares. Your gift ensures that no one is forgotten. Your legacy can feed generations.

MAKE AN IMPACT, YOUR WAY

If you want to support Meals on Wheels but aren't able to give time or money now, this is a meaningful alternative.

Questions? Contact us at:

- ↘ 423-461-8200
- ↘ fthra@fthra.org
- ↘ www.FTHRA.org

LEAVE A LEGACY THAT LASTS

MEALS on WHEELS
NORTHEAST TENNESSEE



Thank you for considering this lasting gift.

Make Meals on Wheels of Northeast TN a beneficiary today!



Your gift today plants the seeds for a better tomorrow.



WHY LEAVE A LEGACY GIFT?

When you name Meals on Wheels of Northeast TN, a program of First TN Human Resource Agency (FTHRA), as a beneficiary in your will, retirement account, or life insurance, you're helping ensure that essential services continue reaching those who need them.

These gifts cost you nothing now, but can make a lasting impact for years to come.

WHAT CAN YOU GIVE?

OPTIONS

- A will or a trust
- A retirement account (like an IRA or 401(k))
- A life insurance policy
- A bank account or CD (with payable-on-death designations).

You can name Meals on Wheels of Northeast TN as a beneficiary of the options above.

Even a small percentage of your estate can make a big difference.

HOW TO SET IT UP

Talk to your financial advisor, attorney, or account provider.

Here's what they may ask for:

- **Legal Name:** First Tennessee Human Resource Agency
- **Tax ID Number:** 62-0928394
- **Address:** 704 Rolling Hills Dr, Johnson City, TN 37604

Suggested Bequest Language:

"I give and bequeath to Meals on Wheels of Northeast TN, a program under First TN Human Resource Agency (FTHRA), a nonprofit organization located in Johnson City, Tennessee, [dollar amount, percentage, or specific asset] to be used to support its mission Meals on Wheels of Northeast TN."



BENEFITS YOU WILL GET:

- Leave a lasting legacy
- Support programs you believe in
- Make a meaningful impact without a current cost

"A better return than Wall Street"